

journeyforward

A practical program for adult siblings of people with disabilities
to help stop the worry and start the journey forward.

Presented by **wisconsibs**
Sisters & Brothers of People with Disabilities

Saturday, September 29, 2018

8:30 AM—1:00 PM

Aging & Disability Resource Center of Portage County
1519 Water Street - Stevens Point, WI

Are you concerned about the
**future care and well-being of
your sibling with disabilities**
and *need some answers?*

For adults who have a sibling with developmental disabilities or long-term illnesses, the journey together is lifelong. You may already be in a caregiving role or expect to in the future. This program helps you clarify your role and get the planning tools to move forward.

***Journey Forward has one main goal—
to help you move forward with a plan.***

When you are finished with the program, you will have a written document which describes your sibling's desired future and a plan that includes practical directions and information for maintaining continuity in your sibling's daily life and needed supports to achieve desired outcomes.

Some call it peace of mind.

**For more information, or to
enroll online, visit**

<https://wisconsibs.org>

or to enroll by phone, call
WisconSibs at 920-968-1742

Suggested donation: \$30 per family



"Journey Forward gave me peace of mind and my sister a new life." Linda D.

"This program gave us helpful tools to have discussions in our family about planning. It was great to have conversations with other adult siblings at the workshops who are going through the same things as us. We were all able to laugh (and cry) together and praise each other about our accomplishments; which were huge!" Anne M.