

# SIBLING RESOURCE LIST

## UPCOMING EVENTS

### 2021 NATIONAL SIBLING LEADERSHIP NETWORK CONFERENCE

**WEBSITE** <https://siblingleadership.org/2021-sibling-leadership-network-national-conference/>

**ABOUT** June 18-20, 2021 Jacksonville, FL & Nationwide  
A Virtual & In-Person Experience

Location subject to change due to COVID. All siblings and siblings supporters are welcome to attend.

### WORKSHOPS AND TRAINING ON THE SIBSHOP MODEL

**WEBSITE** <https://www.siblingsupport.org/workshops-and-training-on-the-sibshop-model/workshops-and-training-on-the-sibshop-model>

**ABOUT** Monthly virtual training sessions for those interested in learning how to facilitate Sibshops in your community.

## ORGANIZATIONS

### SIBLING SUPPORT PROJECT

**WEBSITE** [www.siblingsupport.org](http://www.siblingsupport.org)

**ABOUT** Founded in 1990, the Sibling Support Project is the first national program dedicated to the life-long and ever-changing concerns of millions of brothers and sisters of people with special health, developmental, and mental health concerns.

### SPECIAL NEEDS SIBLINGS

**WEBSITE** [www.specialneedssiblings.com](http://www.specialneedssiblings.com)

**ABOUT** Special Needs Siblings is a committed to raising awareness, support and resources for the siblings of disabled individuals by connecting communities globally.

### SIBLING LEADERSHIP NETWORK

**WEBSITE** [www.siblingleadership.org](http://www.siblingleadership.org)

**ABOUT** The mission of the Sibling Leadership Network is to provide siblings of individuals with disabilities the information, support and tools to advocate with their brothers and sisters and to promote the issues important to them and their entire families.

### CARING KIDS

**WEBSITE** [www.caringkids.org.au/](http://www.caringkids.org.au/)

**ABOUT** Toy Boxes for Young Carers and Special Needs Siblings

### THE SIBLING COLLABORATIVE CANADA

**WEBSITE** [www.sibcollab.ca/](http://www.sibcollab.ca/)

**ABOUT** envisions a Canada where people with disabilities – together with their siblings – experience positive wellbeing.

### SIBLINGS UK

**WEBSITE** [www.sibs.org.uk](http://www.sibs.org.uk)

**ABOUT** Sibs exists to support people who grow up with or have grown up with a disabled brother or sister. It is the only UK charity representing the needs of over half a million young siblings and over one and a half million adult siblings.

### SIBLING SUPPORT NETWORK INDIA

**WEBSITE** [www.facebook.com/siblingsupportnetworkindia](https://www.facebook.com/siblingsupportnetworkindia)

**ABOUT** Founded in 1990, the Sibling Support Project is the first national program dedicated to the life-long and ever-changing concerns of millions of brothers and sisters of people with special health, developmental, and mental health concerns.

### SIBLINGS AUSTRALIA

**WEBSITE** [www.siblingsaustralia.org.au](http://www.siblingsaustralia.org.au)

**ABOUT** Siblings Australia is committed to improving the support available for siblings of children and adults with chronic conditions including disability, chronic illness and mental health issues.

### SIBLINGS OF SPECIAL NEEDS (NIGERIA)

**WEBSITE** [www.sosneeds.org](http://www.sosneeds.org)

**ABOUT** A non-profit organization raising awareness on autism and other related developmental issues, whilst proffering therapeutic and sensory solutions to thousands of families in Nigeria living with children and adults with special needs.



# SIBLING RESOURCE LIST

## ARTICLES, BOOKS AND FILMS

[The Sibling Survival Guide](#): Indispensable Information for Brothers and Sisters of Adults with Disabilities

[Thicker Than Water](#): Essays by Adult Sibling of People with Disabilities

[How to Talk So Kids Will Listen and Listen So Kids Will Talk](#)

New York Times Parenting article on siblings: <https://nyti.ms/2SXvYiR>

Spectrum News article on siblings: <https://bit.ly/39CI6wL>

[Billy's Sister](#): Life when your sibling has a disability

[Being the Other One](#): Growing Up with a Brother or Sister Who Has Special Needs

[Lost and Found](#): Educating Parents of Intellectually Disabled High School Students How to Navigate Through College and Beyond

[Sibling Resources Online](#)

[The Sibling Slam Book](#): What It's Really Like To Have A Brother Or Sister With Special Needs

[Riding the Bus with My Sister](#)

[Anti-Racist Resources](#)

## RESEARCH

[Sibling Relationships Around the World](#): Experiences of Siblings of Special Olympics Athletes – Findings from a study on siblings in Africa, Asia and Latin America

Powerpoint: <https://bit.ly/2PceJl4> | 1-page Summary: <https://bit.ly/3feyGZR>

[Sibling Caregivers Brief](#)

[SLN Adult Sibling Research Brief](#)

[SLN Young Sibling Research Brief](#)

[The Arc's Center for Future Planning](#)

## VIRTUAL SUPPORT GROUPS

### FACEBOOK GROUPS (FROM THE SIBLING SUPPORT PROJECT)

- SIBNET <https://www.facebook.com/groups/SibNet>
- SIB20 <https://www.facebook.com/groups/118970768514797>
- SIB TEEN <https://www.facebook.com/groups/SibTeen>

### FACEBOOK GROUPS (FROM SPECIAL NEEDS SIBLING)

- SNS PARENT <https://www.facebook.com/groups/SNSParentCommunity>
- SNS ADULT <https://www.facebook.com/groups/SNSAdults>

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## ALASKA DISABILITY RESOURCES

Stone Soup Group

<https://www.stonesoupgroup.org/>

Alaska Autism  
Resource Center

<https://www.alaskaarc.org/>

**Do YOU know of any sibling resources?**

**Please click the link to share so we can add it to our list!!**

**<https://forms.gle/wK3Jv2KRprMv9cRi6>**

